# An 8-Node Plane Hybrid Element for Structural Mechanics Problems Based on the Hellinger-Reissner Variational Principle 

Haonan $\mathrm{Li}^{1}$, Wei Wang ${ }^{2}$, Quan Shen ${ }^{1}$ and Linquan Yao ${ }^{1,}$,<br>${ }^{1}$ School of Rail Transportation, Soochow University, Suzhou, 215131, China<br>${ }^{2}$ Soochow College, Soochow University, Suzhou, 215006, China<br>*Corresponding Author: Linquan Yao. Email: lqyao@suda.edu.cn<br>Received: 10 April 2023 Accepted: 18 July 2023 Published: 17 November 2023


#### Abstract

The finite element method (FEM) plays a valuable role in computer modeling and is beneficial to the mechanical design of various structural parts. However, the elements produced by conventional FEM are easily inaccurate and unstable when applied. Therefore, developing new elements within the framework of the generalized variational principle is of great significance. In this paper, an 8 -node plane hybrid finite element with 15 parameters (PH-Q8-15 $)$ is developed for structural mechanics problems based on the Hellinger-Reissner variational principle. According to the design principle of Pian, 15 unknown parameters are adopted in the selection of stress modes to avoid the zero energy modes. Meanwhile, the stress functions within each element satisfy both the equilibrium and the compatibility relations of plane stress problems. Subsequently, numerical examples are presented to illustrate the effectiveness and robustness of the proposed finite element. Numerical results show that various common locking behaviors of plane elements can be overcome. The PH-Q8-15 $\beta$ element has excellent performance in all benchmark problems, especially for structures with varying cross sections. Furthermore, in bending problems, the reasonable mesh shape of the new element for curved edge structures is analyzed in detail, which can be a useful means to improve numerical accuracy.


## KEYWORDS

8-node plane hybrid element; Hellinger-Reissner variational principle; locking behaviors; structural mechanics problems

## 1 Introduction

The FEM is a computational tool for engineering design analysis; it fundamentally revolutionized the way we perform scientific modeling and engineering design, including automobiles, aircraft, marine structures, bridges, highways, and high-rise buildings [1-9]. Traditional isoparametric elements are often limited by various numerical problems, such as limited computational accuracy and sensitivity to mesh distortion. For instance, the accuracy of the 4-node isoparametric element (Q4) may be obviously limited for bending problems due to shear locking. To improve the performance of these finite element methods, new finite element formulations need to be derived and applied to mechanical problems.

Over the past few decades, numerous techniques have been proposed for developing new finite element models based on various generalized variational principles. Pian et al. [10,11] pioneered the hybrid element method using an assumed stress field in the element and an assumed displacement field along element boundaries. Cen et al. [12] improved on Pian's hybrid element approach to develop 8- and 12-node plane elements. The new elements perform well and can work in highly distorted meshes. Sze et al. [13-18] developed a hybrid stress-assumed natural strain 8-node solid shell element unaffected by shear, membrane, trapezoidal, thickness, and dilatational locking. This element is computationally more efficient than conventional hybrid elements because it adopts orthogonal assumed stress modes and enforces admissible sparsity in the flexibility matrix. Moreover, this element was generalized for smart structure modeling by the piezoelectric effect. Jog et al. [19] presented 4-node and 9 -node elements for the development of hybrid axisymmetric elements based on the HellingerReissner principle within the context of linear elasticity. Several examples were presented to show the excellent performance of both elements in various situations. Ma et al. [20] proposed a 24 degree of freedom (DOF) quadrilateral hybrid stress element for couple stress theory. Reduced integration and a stress smoothing technique were introduced to improve the accuracy of this element. Numerical results showed that this element could pass the enhanced patch test for a convergence condition. Bussamra et al. [21] proposed hexahedral hybrid-mixed finite elements for free vibration analysis of three-dimensional solids. These elements were free of shear and volumetric locking and had low sensitivity to mesh distortion. Agrawal et al. [22] used hybrid finite element methodology to develop an efficient and robust method based on the Hellinger-Reissner variational principle towards developing an efficient and robust finite element-based contact strategy. The proposed contact formulation can effectively model the contact interaction of thin as well as thick geometries as well as contact between bodies made of almost incompressible materials. Xie et al. [23] developed an atomistic-informed crystal plasticity finite element method to capture the evolution of geometrically compatible dislocation patterns as well as crystal plasticity in body-centered cubic crystals at micron or submicron scales. Liu et al. [24] established a novel three-dimensional progressive damage model based on the generalized mixed finite element method to investigate the strength and failure behaviors of notched composite laminate plates. The stress distribution of notched isotropic plates under tension was studied, and the results verified the good accuracy of the method. Ping and co-workers [25-27] used a specific finite element eigen-analysis method to predict the singular stress field around the tips of cracks, notches, and inclusions within the framework of the Hellinger-Reissner variational principle. Based on this, they [28] proposed an adaptive FEM to examine the issues with fracture propagation in anisotropic materials, bi-materials, and isotropic materials. Ramtekkar et al. [29] developed a refined 6-node twodimensional mixed finite element to analyze a laminated composite using the minimum potential energy principle. The results obtained through the model showed excellent agreement with the elastic solution. Additionally, smoothed FEMs can also increase numerical solution accuracy, and the core idea behind this method is to combine the strain smoothing methodology of meshfree methods into the standard finite element method [30-32]. According to [33,34], smoothed FEMs can be viewed as specific assumed strain or stress methods for generalized variational principles.

The quadrilateral isoparametric elements contain Lagrangian elements and Serendipity elements. The Lagrangian elements are more computationally expensive than the Serendipity elements since they contain internal nodes. Thus, the Serendipity elements are preferred in practical applications, especially the 8 -node isoparametric element (Q8). As the biquadratic interpolation functions are adopted for the Q8 element, it has better accuracy compared with the Q 4 element and the Wilsonincompatible element. However, the Q8 element is extremely sensitive to mesh distortion [35]. The design of 8 -node plane elements that can both improve the accuracy and overcome the above
shortcomings has been a research hotspot. Dhananjaya et al. [36] presented a new 8 -node Serendipity quadrilateral plate bending element based on Mindlin-Reissner theory using the integrated force method. This new element performs excellently in both thin and moderately thick plate bending situations. Dang et al. [37] presented a hybrid element model derived from a two-field variational functional; the plausible equilibrated stress field within each element was derived using Airy's stress functions. The results indicated that this hybrid element was less sensitive to geometric distortion and was more accurate for stress than standard finite elements. Wang et al. [38,39] derived a new 8-node assumed stress quasi-conforming plane element based on the Bernstein basis function and Airy's stress function. This element was not affected by mesh distortions and could adjust to the mesh shape, which deformed into a triangle or concave quadrangle with curved elements. However, derivations of 8 -node plane hybrid elements for solving structural mechanics problems based on the Hellinger-Reissner variational principle have rarely been reported in previous literature. In this paper, the formulation of the PH-Q8-15 $\beta$ element is derived based on the Hellinger-Reissner variational principle, and the new element is tested and verified by numerical examples.

The outline of this paper is as follows. In Section 2, a new 8 -node plane hybrid finite element is proposed based on the Hellinger-Reissner variational principle, and subsequently, the finite element formulation is derived. Numerical examples with results and discussions are presented in Section 3. Finally, a brief conclusion is presented in Section 4.

## 2 Finite Element Equations of the 8-Node Hybrid Element

### 2.1 The Hellinger-Reissner Variational Principle

Consider a linear elastic body with volume $\Omega$ in the Cartesian coordinate system. The domain boundary is denoted by $\partial \Omega=\partial \Omega u \bigcup \partial \Omega \sigma$, where $\partial \Omega u$ and $\partial \Omega \sigma$ are boundaries over which the displacements and tractions are prescribed, respectively. When the elastic body is in static equilibrium subjected to external forces, the following relationships are satisfied:

The equilibrium equation
$\sigma_{i j, j}+\bar{P}_{i}=0 \quad$ in $\quad \Omega$,
The strain-displacement relationship
$\varepsilon_{i j}=\frac{1}{2}\left(u_{i, j}+u_{j i}\right) \quad$ in $\Omega$,
The constitutive relationship
$\varepsilon_{i j}=\frac{\partial \psi}{\partial \sigma_{i j}}=S_{i j k l} \sigma_{k l}$ in $\Omega$,
The Neumann condition
$\sigma_{i j} n_{j}=\bar{T}_{i} \quad$ on $\quad \partial \Omega_{\sigma}$,
The Dirichlet condition
$u_{i}=\bar{u}_{i} \quad$ on $\quad \partial \Omega_{u}$.
where $\sigma_{i j}$ and $\varepsilon_{i j}$ represent the components of the stress tensor and strain tensor, respectively; $u_{i}$ is the component of the displacement vector; $\bar{P}_{i}$ and $\bar{T}_{i}$ are the known load distributions in $\Omega$ and along the boundary $\partial \Omega_{\sigma}$, respectively; $n_{j}$ is the component of the outwards unit normal vector; $S_{i j k l}$ is the flexibility tensor, and the complementary energy density $\psi$ is expressed as:
$\psi=\int_{0}^{\sigma_{i j}} \varepsilon_{i j} \mathrm{~d} \sigma_{i j}$,
Then, Eqs. (1)-(5) can be expressed in terms of two independent fields, $u_{i}$ and $\sigma_{i j}$, by the complementary energy principle and the Lagrangian multiplier method:
$\Pi_{H R}=\int_{\Omega}\left[-\psi\left(\sigma_{i j}\right)+\frac{1}{2} \sigma_{i j}\left(u_{i, j}+u_{j i,}\right)-\bar{P}_{i} u_{i}\right] \mathrm{d} \Omega-\int_{\partial \Omega_{\sigma}} \bar{T}_{i} u_{i} \mathrm{~d} \Gamma-\int_{\partial \Omega_{u}} \sigma_{i j} n_{j}\left(u_{i}-\bar{u}_{i}\right) \mathrm{d} \Gamma$,
The domain of the elastic body is divided into $n$ elements. Generally, the trial solution of displacement $u_{i}$ in Eq. (7) is compatible within the entire domain of the elastic body, and the stress trial solution $\sigma i j$ is allowed to be piecewise continuous. We can define the energy functional from Eq. (7) as the sum of the individual elements,

$$
\begin{equation*}
\Pi_{H R}=\sum_{n} \Pi_{H R}^{e}=\sum_{n}\left\{\int_{\Omega^{e}}\left[-\psi\left(\sigma_{i j}\right)+\frac{1}{2} \sigma_{i j}\left(u_{i, j}+u_{j i}\right)-\bar{P}_{i} u_{i}\right] \mathrm{d} \Omega^{e}-\int_{\partial \Omega_{\sigma}^{e}} \bar{T}_{i} u_{i} \mathrm{~d} \Gamma\right\}, \tag{8}
\end{equation*}
$$

where $\Omega^{e}$ is the domain of an element $e$.
The stationary condition of Eq. (8) is:
$\delta \Pi_{H R}=0$.

### 2.2 Interpolation Functions of Variable Fields in Elements

A standard 8-node element in the natural coordinate system is shown in Fig. 1a, and a curved edge element after the isoparametric transformation in the Cartesian coordinate system is shown in Fig. 1b. For isoparametric elements, the interpolation functions of the coordinates and displacements are the same, i.e.,
$\mathbf{X}(\xi, \eta)=\mathbf{N X}^{e}$,
$\mathbf{U}(\xi, \eta)=\mathbf{N q}{ }^{e}$,
where $\mathbf{X}=\left(x^{e}, y^{e}\right)^{\mathrm{T}}$ is the coordinate matrix; $\mathbf{X}^{e}=\left(x_{1}^{e}, y_{1}^{e}, \cdots, x_{8}^{e}, y_{8}^{e}\right)^{\mathrm{T}}$ is the node coordinate vector; $\mathbf{U}=\left(u^{e}, v^{e}\right)^{\mathrm{T}}$ is the displacement matrix; $\mathbf{q}^{e}=\left(u_{1}^{e}, v_{1}^{e}, \cdots, u_{8}^{e}, v_{8}^{e}\right)^{\mathrm{T}}$ is the node displacement vector, and the shape function matrix $\mathbf{N}$ can be expressed as:
$\mathbf{N}(\xi, \eta)=\left[N_{1} \mathbf{I}_{2}, N_{2} \mathbf{I}_{2}, N_{3} \mathbf{I}_{2}, N_{4} \mathbf{I}_{2}, N_{5} \mathbf{I}_{2}, N_{6} \mathbf{I}_{2}, N_{7} \mathbf{I}_{2}, N_{8} \mathbf{I}_{2}\right]$,
where $\mathbf{I}_{n}$ is the $n$-th order identity matrix, and the shape functions are:
$\begin{cases}N_{i}=\frac{1}{4}\left(1+\xi_{i} \xi\right)\left(1+\eta_{i} \eta\right)\left(\xi_{i} \xi+\eta_{i} \eta-1\right) \quad(i=1,2,3,4), \\ N_{i}=\frac{1}{2}\left(1-\xi^{2}\right)\left(1+\eta_{i} \eta\right) & (i=5,7), \\ N_{i}=\frac{1}{2}\left(1-\eta^{2}\right)\left(1+\xi_{i} \xi\right) & (i=6,8) .\end{cases}$
where $\left(\xi_{i}, \eta_{i}\right)$ is the coordinate values of the $i$ point.


Figure 1: Plane quadrilateral 8-node isoparametric element
The strain matrix can be obtained from Eq. (11):
$\boldsymbol{\varepsilon}=\left(\begin{array}{l}\varepsilon_{x x} \\ \varepsilon_{y y} \\ \gamma_{x y}\end{array}\right)=(\mathbf{L N}) \mathbf{q}^{e}=\mathbf{B} \mathbf{q}^{e}$,
where the geometric matrix $\mathbf{B}(x, y)$ can be expressed as:

$$
\begin{align*}
\mathbf{B}(x, y) & =\mathbf{L N}=\left[\begin{array}{ccc}
\frac{\partial}{\partial x} & 0 & \frac{\partial}{\partial y} \\
0 & \frac{\partial}{\partial y} & \frac{\partial}{\partial x}
\end{array}\right]^{\mathrm{T}}\left[N_{1} \mathbf{I}_{2}, N_{2} \mathbf{I}_{2}, N_{3} \mathbf{I}_{2}, N_{4} \mathbf{I}_{2}, N_{5} \mathbf{I}_{2}, N_{6} \mathbf{I}_{2}, N_{7} \mathbf{I}_{2}, N_{8} \mathbf{I}_{2}\right] \\
& =\left[\mathbf{B}_{1}, \mathbf{B}_{2}, \mathbf{B}_{3}, \mathbf{B}_{4}, \mathbf{B}_{5}, \mathbf{B}_{6}, \mathbf{B}_{7}, \mathbf{B}_{8}\right], \tag{15}
\end{align*}
$$

and $\mathbf{B}_{i}$ is given by:
$\mathbf{B}_{i}=\left[\begin{array}{ccc}\frac{\partial N_{i}}{\partial x} & 0 & \frac{\partial N_{i}}{\partial y} \\ 0 & \frac{\partial N_{i}}{\partial y} & \frac{\partial N_{i}}{\partial x}\end{array}\right]^{T} \quad(i=1,2, \cdots, 8)$.
The relationship between the natural coordinates $(\xi, \eta)$ and the Cartesian coordinates $(x, y)$ is as follows:

$$
\begin{equation*}
\binom{\frac{\partial}{\partial \xi}}{\frac{\partial}{\partial \eta}}=\mathbf{J}\binom{\frac{\partial}{\partial x}}{\frac{\partial}{\partial y}} \tag{17}
\end{equation*}
$$

where the Jacobi matrix $\mathbf{J}$ is given by:
$\mathbf{J}=\left[\begin{array}{ll}x_{\xi} & y_{\xi} \\ x_{\eta} & y_{\eta}\end{array}\right]=\left[\begin{array}{ll}\frac{\partial x}{\partial \xi} & \frac{\partial y}{\partial \xi} \\ \frac{\partial x}{\partial \eta} & \frac{\partial y}{\partial \eta}\end{array}\right]$.
In the hybrid element analysis, the performance of the elements constructed on the basis of different assumed stress fields differs. Therefore, the key to deriving a hybrid element with superior
performance lies in the selection of stress functions. Because the plane stresses are required to satisfy the continuity in each element, the stress functions are derived based on Eq. (1) by using the Airy stress function. To overcome the zero energy modes and ensure the efficiency of the calculation, it is necessary to determine the number of stress parameters and express them in $n_{\beta}$. For an 8-node plane hybrid element, its displacement DOF and rigid body DOF are expressed as $n_{q^{e}}=16$ and $n_{0}=3$, respectively. We select 15 stress parameters in accordance with the theory presented in [40], $n_{\beta} \geq n_{q^{e}}-n_{0}$. The stress matrix is expressed as follows:
$\boldsymbol{\sigma}(\xi, \eta)=\mathbf{P} \boldsymbol{\beta}=\mathbf{P}_{\mathrm{L}} \boldsymbol{\beta}_{\mathrm{L}}+\mathbf{P}_{\mathrm{H}} \boldsymbol{\beta}_{\mathrm{H}}$,
where $\boldsymbol{\sigma}=\left(\sigma_{\xi \xi}, \sigma_{\eta \eta}, \sigma_{\xi \eta}\right)^{\mathrm{T}}$ is the stress vector; $\mathbf{P}(\xi, \eta)$ and $\boldsymbol{\beta}$ are the stress function matrix and the stress parameter vector, respectively; $\boldsymbol{\beta}_{\mathrm{L}}=\left(\beta_{1}, \beta_{2}, \beta_{3}\right)^{\mathrm{T}}$ and $\boldsymbol{\beta}_{\mathrm{H}}=\left(\beta_{4}, \cdots, \beta_{15}\right)^{\mathrm{T}}$ are the low-order stress parameter vector and the high-order stress parameter vector, respectively; $\mathbf{P}_{\mathrm{L}}=\mathbf{I}_{3}$ represents the thirdorder identity matrix; and the high-order stress matrix $\mathbf{P}_{\mathrm{H}}$ can be expressed as:
$\mathbf{P}_{\mathrm{H}}=\left[\begin{array}{cccccccccccc}\xi & \eta & \xi \eta & \eta^{2} & 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & \xi & \eta & \xi \eta & \xi^{2} & 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 & 0 & 0 & 0 & 0 & \xi & \eta & \xi^{2} & \eta^{2}\end{array}\right]$,
For a generic element, the stress function in the Cartesian coordinate system can be converted from Eq. (19) by the transformation matrix,
$\sigma=\mathbf{P} \boldsymbol{\beta}=\mathbf{P}_{\mathrm{L}} \boldsymbol{\beta}_{\mathrm{L}}+\mathbf{T}_{\mathrm{c}} \mathbf{P}_{\mathrm{H}} \boldsymbol{\beta}_{\mathrm{H}}$,
where $\sigma=\left(\sigma_{x x}, \sigma_{y y}, \sigma_{x y}\right) \mathrm{T}$; the transformation matrix $\mathbf{T}_{c}$ is defined as:
$\mathbf{T}_{\mathrm{c}}=\left[\begin{array}{ccc}x_{\xi}^{2} & x_{\eta}^{2} & 2 x_{\xi} x_{\eta} \\ y_{\xi}^{2} & y_{\eta}^{2} & 2 y_{\xi} y_{\eta} \\ x_{\xi} y_{\xi} & x_{n} y_{\eta} & x_{\xi} y_{\eta}+x_{n} y_{\xi}\end{array}\right]_{\xi, n=0}$.
Notably, the form of Eq. (20) obtained by using the Airy stress function is usually not unique. Eq. (20) possesses the advantages of good accuracy, good stability and strong universality in numerical examples. For special problems, such as fracture problems, more complex assumed stress functions can be used to construct the optimal element.

### 2.3 Derivation of the Finite Element Formulation

Substituting the displacement matrix $\mathbf{U}$, the strain matrix $\boldsymbol{\varepsilon}$ and the stress matrix $\boldsymbol{\sigma}$ into Eq. (9), we can obtain:
$\Pi_{H R}=\sum_{e} \Pi_{H R}^{e}=\boldsymbol{\beta}^{\mathrm{T}} \mathbf{G} \mathbf{q}^{e}-\frac{1}{2} \boldsymbol{\beta}^{\mathrm{T}} \mathbf{H} \boldsymbol{\beta}-\left(\mathbf{q}^{e}\right)^{\mathrm{T}} \mathbf{Q}^{e}$,
where $\mathbf{G}=\int_{A^{e}} \mathbf{P}^{\mathrm{T}}(\mathbf{D N}) t \mathrm{dA}^{e}, \mathbf{H}=\int_{A^{e}}\left(\mathbf{P}^{\mathrm{T}} \mathbf{S P}\right) t \mathrm{dA}^{e}$, and $\mathbf{Q}^{e}=\int_{A^{e}}\left(\mathbf{N}^{\mathrm{T}} \overline{\mathbf{P}}\right) t \mathrm{dA}^{e}+\int_{l e}\left(\mathbf{N}^{\mathrm{T}} \overline{\mathbf{T}}\right) t \mathrm{~d} l^{e} ; t$ is the element thickness; $\overline{\mathbf{P}}$ and $\overline{\mathbf{T}}$ are the body load vector and the surface load vector, respectively. For plane stress problems, the flexibility matrix $\mathbf{S}$ is:

$$
\mathbf{S}=\left(\begin{array}{ccc}
\frac{1}{E} & -\frac{\mu}{E} & 0  \tag{24}\\
-\frac{\mu}{E} & \frac{1}{E} & 0 \\
0 & 0 & \frac{(1-\mu)}{2}
\end{array}\right)
$$

where $E$ is the Young's modulus and $\mu$ is the Poisson's ratio.
From the stationary condition of the energy functional, $\delta \Pi_{H R}^{e}\left(\boldsymbol{\beta}, \mathbf{q}^{e}\right)=0$, the following equations can be obtained:
$\mathbf{G q}{ }^{e}-\mathbf{H} \boldsymbol{\beta}=0$,
$\mathbf{G}^{\mathrm{T}} \boldsymbol{\beta}-\mathbf{Q}^{e}=0$,
Eq. (25) imposes a strong geometric constraint on the displacement vector $\mathbf{q}^{e}$, whereas Eq. (26) imposes a weak equilibrium constraint on the stress parameter $\boldsymbol{\beta}$. As a result, the hybrid element is stiffened in two directions at the same time. In general, more parameters in Eq. (19) imply a better approximation. However, when $n_{\beta} \gg n_{q^{e}}-n_{0}$, the element stiffens to the point where locking behaviors may occur, so 15 parameters are a reasonable choice. It can be seen that the 15 stress modes chosen in Eq. (19) are independent of one another, and Zhang et al. [41] demonstrated that linear independence of assumed stress modes is a necessary and sufficient condition for the flexibility matrix $\mathbf{H}$ to be nonsingular. As a result of Eq. (25), it follows that:
$\boldsymbol{\beta}=\mathbf{H}^{-1} \mathbf{G q} \boldsymbol{q}^{e}$,
Substituting Eqs. (27) into (26), we obtain:
$\left(\mathbf{G}^{\mathrm{T}} \mathbf{H}^{-1} \mathbf{G}\right) \mathbf{q}^{e}=\mathbf{K}^{e} \mathbf{q}^{e}=\mathbf{Q}^{e}$,
where $\mathbf{K}^{e}$ is the stiffness matrix of the element.
By using Eqs. (23), (27) and (28), the energy functional of the elastic body can be expressed as:

$$
\begin{align*}
\Pi_{H R}=\sum_{e} \Pi_{H R}^{e} & =\sum_{e}\left[-\frac{1}{2}\left(\mathbf{q}^{e}\right)^{\mathrm{T}} \mathbf{K}^{e} \mathbf{q}^{e}+\left(\mathbf{q}^{e}\right)^{\mathrm{T}} \mathbf{Q}^{e}\right] \\
& =-\frac{1}{2} \mathbf{q}^{\mathrm{T}} \mathbf{K} \mathbf{q}+\mathbf{q}^{\mathrm{T}} \mathbf{Q} \tag{29}
\end{align*}
$$

where $\mathbf{K}$ is the stiffness matrix of the elastic body; $\mathbf{q}$ and $\mathbf{Q}$ are the displacement vector and the load vector of the node, respectively. From the variation of Eq. (29), we can obtain a set of algebraic equations:
$\mathbf{K q}=\mathbf{Q}$.
After imposing displacement boundary conditions, the stiffness matrix $\mathbf{K}$ becomes non-singular, allowing the Eq. (30) to be solved. In general, the stiffness matrix $\mathbf{K}$ generated from the HellingerReissner variational principle can be decomposed into a traditional stiffness with a reduced integration method and a higher-order stiffness, with the latter improving hybrid element computational efficiency and stability $[42,43]$.

## 3 Numerical Examples

In this section, seven problems are presented to evaluate the performance of the PH-Q8-15 $\beta$ element. Several elements were taken from the literature for comparison, which are listed in Table 1. In the following, the geometric and physical parameters of each model are dimensionless, and the relative error is defined as:
$E r r=\left|\frac{\gamma-\gamma^{\text {ref }}}{\gamma^{\text {ref }}}\right|$.
where $\gamma$ and $\gamma^{\text {ref }}$ are the numerical solution and the reference solution, respectively.
Table 1: List of elements for the comparison study

| No. | Elements | Formulation methods |
| :--- | :--- | :--- |
| 1 | Q6 | Traditional 6-node isoparametric element |
| 2 | Q8 | Traditional 8-node isoparametric element |
| 3 | Q9 | Traditional 9-node isoparametric element |
| 4 | PS | Quadrilateral 4-node hybrid element with 5 stress parameters <br> 5 |
| PS(a) | Qenalty equilibrium hybrid element with 5 stress parameters |  |
| 6 | ATF-Q8 | 8-node element using quadrilateral area coordinate |
| 7 | 8-node hybrid plane element based on the complementary energy principle |  |
| 8 | HSF-Q8-15 $\beta$ | 8-node hybrid plane quadrilateral element using the Airy stress function <br> based on the complementary energy principle |
| 9 | QC-Q8-15 $\beta$ | 8-node quasi-conforming plane element using the Airy stress function based <br> on the complementary energy principle |
| 10 | QC-Q8-B | 8-node quasi-conforming plane element using the Bernstein basis function <br> based on the complementary energy principle |
| 11 | HR-Q9 | 9-node hybrid plane element based on the Hellinger-Reissner variational <br> principle |
| 12 | MHR-Q9 | 9-node hybrid plane element based on the modified Hellinger-Reissner <br> variational principle |
| 13 | NPB | Non prismatic beam model through dimensional reduction procedure based <br> on the Hellinger-Reissner variational principle <br> 2-node curved beam element based on the exact analytical solution of the <br> governing differential equation of planar curved beams |
| 14 | TNCB |  |

### 3.1 Patch Test

A rectangular panel $(0.24 \times 0.001 \times 0.12)$ is divided into five irregular elements, as shown in Fig. 2. The material properties of the panel are Young's modulus $E=1500$ and Poisson's ratio $\mu=0.3$. The low- and high-order displacement fields given by Eqs. (32) and (33) are applied to the boundary nodes. The numerical results for the internal nodes in Fig. 2 are consistent with the analytical solutions, which demonstrates that the new element passes the patch test.

$$
\begin{align*}
& \left\{\begin{array}{l}
u(x, y)=x+\frac{y}{2}, \\
v(x, y)=y+\frac{x}{2},
\end{array}\right.  \tag{32}\\
& \left\{\begin{array}{l}
u(x, y)=\frac{1}{4}+x+3 y-2 x^{2}-4 x y+\frac{5}{2} y^{2}, \\
v(x, y)=1+\frac{x}{2}+2 y-\frac{2}{3} x^{2}+\frac{17}{5} x y+\frac{3}{2} y^{2} .
\end{array}\right. \tag{33}
\end{align*}
$$



Figure 2: The patch test of membrane elements

### 3.2 Cantilever Beam with Five Irregular Elements

A cantilever beam with five irregular elements is subjected to the concentrated load $F$ and bending moment $M$ in Fig. 3. The geometry and material properties of the beam are as follows: length $L=10$, height $h=2$, width $b=1$, Young's modulus $E=1500$, and Poisson's ratio $\mu=0.3$. Numerical results of the vertical deflection $v_{A}$ at point $A$ and the stress $\sigma_{B x}$ at point $B$ are given in Tables 2 and 3. We find that compared with the traditional isoparametric elements, PS(a) element and QACM8 element, the PH-Q8-15 $\beta$ element has better accuracy.


Figure 3: A cantilever beam with five irregular elements

Table 2: Numerical results of the displacement and stress at selected locations in the cantilever beam subjected to a bending moment $M$

| Elements | $v_{A}$ | $\operatorname{Err}(\%)$ | $\sigma_{B x}$ | $\operatorname{Err}(\%)$ |
| :--- | :--- | :--- | :--- | :--- |
| Q6 [44] | 64.50 | 35.50 | 1515.00 | 49.50 |
| Q8 [44] | 99.70 | 0.30 | 2984.00 | 0.53 |
| PS [40] | 96.18 | 3.82 | 3014.00 | 0.47 |
| PS $(a)$ [40] | 100.40 | 0.40 | 3000.00 | 0.00 |
| QACM8 [44] | 101.30 | 1.30 | 2920.00 | 2.67 |
| PH-Q8-15 $\beta$ | 99.99 | 0.01 | 3001.00 | 0.03 |
| Analytical solution [44] | $\mathbf{1 0 0 . 0 0}$ |  | $\mathbf{3 0 0 0 . 0 0}$ |  |

Table 3: Numerical results of the displacement and stress at selected locations in the cantilever beam subjected to a concentrated force $F$

| Elements | $v_{A}$ | $\operatorname{Err}(\%)$ | $\sigma_{B x}$ | $\operatorname{Err}(\%)$ |
| :--- | :--- | :--- | :--- | :--- |
| Q6 [44] | 66.40 | 36.00 | 2923 | 27.83 |
| Q8 [44] | 101.50 | 2.17 | 4060 | 0.25 |
| PS(a) [40] | 100.90 | 0.90 | 4125 | 1.85 |
| QACM8 [44] | 102.70 | 1.01 | 3939 | 2.74 |
| PH-Q8-15 $\beta$ | 102.15 | 0.44 | 4084 | 0.84 |
| Analytical solution [44] | $\mathbf{1 0 2 . 6 0}$ |  | $\mathbf{4 0 5 0}$ |  |

### 3.3 Sensitivity Test for Mesh Distortion and Convergence Analysis

A cantilever beam is subjected to two different loads, as shown in Fig. 4. The beam is discretized using two elements, and $e$ is the distortion parameter. The geometry and material properties of the beam are the same as those in Subsection 3.2. The normalized results of the vertical displacement $v_{A}$ are listed in Tables 4 and 5. The tables show that the PH-Q8-15 $\beta$ element provides stable numerical solutions, even on distorted mesh shapes. Its stability is slightly less than that of the QC-Q8-B element.


Figure 4: A cantilever beam divided by two elements with distortion parameter $e$

Table 4: The normalized results of the displacement for the cantilever beam subjected to a bending moment $M$

| Elements | $e=0$ | $e=1$ | $e=2$ | $e=3$ | $e=4$ | $e=4.9$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Q8 [44] | 1.00 | 0.99 | 0.89 | 0.52 | 0.32 | 0.19 |
| QACM8 [44] | 1.00 | 1.00 | 1.00 | 1.02 | 1.04 | 1.00 |
| ATF-Q8 [45] | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 |
| QC-Q8-B [39] | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 | 1.00 |
| PH-Q8-15 $\beta$ | 1.00 | 1.00 | 1.00 | 1.00 | 0.98 | 0.96 |

Note: The standard value of $v_{A}$ is 100.00

Table 5: The normalized results of the displacement for the cantilever beam subjected to a concentrated force $F$

| Elements | $e=0$ | $e=1$ | $e=2$ | $e=3$ | $e=4$ | $e=4.9$ |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Q8 [44] | 0.96 | 0.92 | 0.79 | 0.54 | 0.32 | 0.22 |
| QACM8 [44] | 0.96 | 0.94 | 0.87 | 0.84 | 0.84 | 0.85 |
| ATF-Q8 [45] | 0.99 | 0.98 | 0.97 | 0.95 | 0.89 | 0.69 |
| QC-Q8-B [39] | 0.99 | 0.98 | 0.97 | 0.96 | 0.93 | 0.80 |
| PH-Q8-15 $\beta$ | 0.97 | 0.97 | 0.95 | 0.90 | 0.88 | 0.86 |

Note: The standard value of $v_{A}$ is 102.60
We define the displacement norm error as follows in order to further analyze the convergence of the PH-Q8-15 $\beta$ element:
$\delta_{v}=\frac{\left\|v-v_{h}\right\|_{H^{0}}}{\|v\|_{H^{0}}}=\frac{\left[\int_{\Omega}\left(v-v_{h}\right)^{2} \mathrm{~d} \Omega\right]^{\frac{1}{2}}}{\left(\int_{\Omega} v^{2} \mathrm{~d} \Omega\right)^{\frac{1}{2}}}$,
where $v$ and $v_{h}$ are the vertical displacement and the approximated value of vertical displacement, respectively; $\|\cdot\|_{H^{0}}$ represents the norm defined on the Sobolev space.

The displacement norm error is calculated using a typical mesh type, as illustrated in Fig. 5. Numerical results are shown in Table 6. We can observe that the results for vertical displacement attain first order convergence.


Figure 5: Typical mesh type models for convergence test

Table 6: Convergence results for different types of loads

| Load type | The $\delta_{v}$ in different meshes |  |  |  | Order |
| :--- | :--- | :--- | :--- | :--- | :--- |
|  | $2 \times 2$ | $2 \times 4$ | $2 \times 6$ | $2 \times 8$ |  |
| $F$ | 0.1402 | 0.0592 | 0.0366 | 0.0262 | 1.20 |
| $M$ | 0.1086 | 0.0401 | 0.0226 | 0.0152 | 1.38 |

### 3.4 Bending for a Curving Beam with the Uniform Cross Section

A curved cantilever beam subjected to a concentrated force $F$ and the mesh shapes of the models are shown in Figs. 6 and 7, respectively. The geometric and physical parameters of the beam were selected from the literature for comparison [39]. For a thick curved beam, the geometry and material
properties are as follows: inner radius $R_{i}=10$, middle radius $R_{m}=12.5$, thickness $t=5$, width $b=1$, Young's modulus $E=1000$, Poisson's ratio $\mu=0.3$, and concentrated force $F=600$. For a thin curved beam, the geometry and material properties are as follows: the inner radius $R_{i}=4.12$, the middle radius $R_{m}=4.22$, the thickness $t=0.2$, the width $b=0.1$, the Young's modulus $E=10^{6}$, the Poisson's ratio $\mu=0.25$, and the concentrated force $F=1$. Based on the Castigliano energy theorem, the analytical solution of the radial displacement $u_{A}$ for this problem is [46]:
$u_{A}=\frac{\pi F R_{m}}{4}\left(\frac{R_{m}^{2}}{E I}+\frac{5}{6} \frac{1}{G b t}+\frac{1}{E b t}\right)$.
where $R_{m}, t$ and $b$ represent the middle radius, thickness and width, respectively; $E$ is Young's modulus; the moment of inertia is $I=\frac{b h^{3}}{12}$; and the shear modulus is $G=\frac{E}{2(1+\mu)}$.


Figure 6: Curved cantilever beam


Figure 7: Typical mesh type models for the curved cantilever beam
Numerical results of the radial displacement $u_{A}$ are listed in Tables 7 and 8. From the tables, we find that the results are more accurate for the new element than the other elements. Moreover, as the number of PH-Q8-15 $\beta$ elements increases, the double-layer mesh can improve the numerical accuracy of the thick curved beam. Therefore, the thin curved beam should be numerically calculated by the single-layer mesh.

Table 7: Results of $u_{A}$ for the thick curved beam

| Elements | Meshes |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | $1 \times 1$ | $1 \times 2$ | $1 \times 4$ | $1 \times 8$ | $1 \times 12$ | $2 \times 2$ | $2 \times 4$ | $2 \times 6$ |
| Q8 [44] | 30.20 | 77.40 | 88.60 | - | - | - | - | - |
| ATF-Q8 [45] | 56.60 | 75.50 | 90.40 | - | - | - | - | - |
| QC-Q8-15 [38] | 52.49 | 90.15 | 90.55 | - | - | - | - | - |
| QC-Q8-B [39] | 65.10 | 88.93 | 90.32 | - | - | - | - | - |
| PH-Q8-15 $\beta$ | 85.75 | 96.71 | 92.80 | 92.97 | 92.95 | 90.63 | 91.85 | 92.20 |
| Analytical solution | $\mathbf{9 2 . 0 8}$ |  |  |  |  |  |  |  |

Table 8: Results of $u_{A}$ for the thin curved beam

| Elements | Meshes |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | $1 \times 2$ | $1 \times 3$ | $1 \times 4$ | $1 \times 6$ | $1 \times 8$ | $2 \times 2$ | $2 \times 3$ | $2 \times 4$ |
| Q8 [44] | 0.078 | 0.276 | 0.515 | 0.770 | - | - | - | - |
| ATF-Q8 [45] | 0.106 | 0.338 | 0.577 | 0.807 |  |  |  |  |
| QC-Q8-15 [38] | 0.105 | 0.348 | 0.522 | 0.797 | - | - | - | - |
| QC-Q8-B [39] | 0.288 | 0.600 | 0.756 | 0.856 | - | - | - | - |
| PH-Q8-15 $\beta$ | 0.889 | 0.901 | 0.895 | 0.889 | 0.887 | 0.813 | 0.870 | 0.877 |
| Analytical solution | $\mathbf{0 . 8 8 6}$ |  |  |  |  |  |  |  |

The effects of the mesh type on the numerical accuracy for the PH-Q8-15 $\beta$ element for different $t / R_{i}$ ratios are investigated in Fig. 8. The vertical coordinate in the figures represents the relative error between the numerical results obtained by different meshes and the analytical solution for given $t / R_{i}$. The geometry and material properties are as follows: the inner radius $R_{i}=10$, the width $b=0.1$, the Young's modulus $E=1000$, the Poisson's ratio $\mu=0.3$, and the concentrated force $F=1$. The figures show that when the value of $t / R_{i}$ is close to 0.2 , the single-layer mesh has better numerical accuracy, and it becomes more obvious with decreasing $t / R_{i}$. Therefore, when $t / R_{i} \leq 0.2$, the single-layer mesh should be preferred for a curved beam.

### 3.5 Locking Test

This test, proposed by Macneal and Harder, is a well-known benchmark for testing sensitivity to mesh distortion [47]. Three different mesh shapes in Fig. 9 are adopted: rectangular, parallelogram and trapezoidal. Two load types are considered: the bending moment and the concentrated force. The geometry and material properties are as follows: length $L=6$, height $h=0.2$, width $b=0.1$, Young's modulus $E=1500$, and Poisson's ratio $\mu=0.3$. The normalized results of the vertical deflection $v_{A}$ are listed in Table 9. Better and more accurate solutions can be obtained by the PH-Q8-15 $\beta$ element than by the other 8 -node elements, and the PH-Q8-15 $\beta$ element can overcome shear and trapezoidal lockings.


Figure 8: Influence of mesh type and $t / R_{i}$ on the numerical accuracy of $u_{A}$ for the curved beam
Additionally, shear locking can be alleviated by using bubble functions for a general plane stress problem; the functions are typically high-order displacement polynomials that are zero on the element boundaries $[48,49]$. This strategy, however, may improve the accuracy of elements with linear displacement modes (e.g., the Q4 element) but is not appropriate for the Q8 element. Because the Q8 element has a fully displacement mode that simulates the constant bending strain state.


Figure 9: MacNeal thin beams

Table 9: The normalized results of the displacement for the MacNeal thin beam

| Elements | Load $M$ |  |  |  | Load $F$ |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
|  | Mesh 1 | Mesh 2 | Mesh 3 |  | Mesh 1 | Mesh 2 | Mesh 3 |
| Q8 [31] | 0.951 | 0.919 | 0.854 |  | 1.000 | 0.994 | 0.939 |
| Q9 [32] | 0.974 | 0.939 | 0.942 |  | 1.000 | 1.000 | 1.000 |
| QACM8 [31] | 0.951 | 0.903 | 0.895 |  | 1.000 | 1.000 | 1.000 |
| ATF-Q8 [32] | 0.978 | 0.968 | 0.966 |  | 1.000 | 1.000 | 1.000 |
| QC-Q8-B [29] | 0.977 | 0.968 | 0.966 |  | 1.000 | 1.000 | 1.000 |
| HSF-Q8-15 $\beta$ [12] | 0.978 | 0.968 | 0.966 |  | 1.000 | 1.000 | 1.000 |
| PH-Q8-15 $\beta$ | 0.974 | 0.975 | 0.973 | 1.000 | 1.000 | 1.000 |  |

Note: ${ }^{\mathrm{a}}$ The standard value of $v_{A}$ is $0.0054 ;{ }^{\mathrm{b}}$ The standard value of $v_{A}$ is 0.1081 .
Membrane locking can be examined by the analysis of a ring, and many arch elements exhibit membrane locking in the analysis of deep arches even though they may give good results in the analysis of shallow arches [50]. A ring is subjected to two pinching concentrated loads $F$ in Fig. 10a. Because of the symmetry, only a quarter of the ring is analyzed with appropriate boundary conditions in Fig. 10b. The geometry and material properties are as follows: inner radius $R_{i}=5$, thickness $t=0.1$, width $b=0.1$, Young's modulus $E=1 \times 10^{7}$, Poisson's ratio $\mu=0.3$, and concentrated force $F=1$.

According to the conclusion in Subsection 3.4, the single-layer mesh is adopted for the quarter of the thin pinched ring. Numerical results of the radial deflection $v_{A}$ are listed in Table 10. The result obtained by eight PH-Q8-15 $\beta$ elements is consistent with the reference solution and converges to the reference solution quickly. Therefore, the PH-Q8-15 $\beta$ element can overcome membrane locking and can be successfully used to solve the pinched ring. We find that the numerical accuracy of the PH-Q8$15 \beta$ element is lower than the HR-Q9 element and the MHR-Q9 element when the number of elements is 2 .


Figure 10: Pinched ring
Table 10: Normalized results of $v_{A}$ for the pinched ring

| Elements | Meshes |  |  |
| :--- | :--- | :--- | :--- |
|  | $1 \times 2$ | $1 \times 4$ | $1 \times 8$ |
| HR-Q9 [51] | 0.977 | 0.996 | 0.996 |
| MHR-Q9 [51] | 1.020 | 1.008 | 1.000 |
| Q8 | 0.266 | 0.830 | 0.892 |
| PH-Q8-15 $\beta$ | 0.872 | 0.992 | 1.000 |

Note: The standard value of $v_{A}$ is 0.00109 .

Through the two examples in this subsection, it is evident that the proposed element has greatly improved the Q8 element and overcomes the common locking behaviors in plane stress problems. Meanwhile, when compared to other 8-node elements in the literature, better numerical accuracy was demonstrated.

### 3.6 Axisymmetric Annular Plate with Uniformly Distributed Internal Pressure

An axisymmetric annular plate is subjected to a uniformly distributed internal pressure $q$ in Fig. 11a. The annular plate modelled by a quarter plate with appropriate boundary conditions is shown in Fig. 11b. The geometry and material properties are as follows: inner radius $R_{i}=10$, outer radius $R_{o}=15$, thickness $t=0.1$, Young's modulus $E=10^{5}$, Poisson's ratio $\mu=0.3$, and internal pressure $q=1$. The polar coordinate system is established at the central of the circular hole, and the analytical solutions of this problem for the radial stress $\sigma_{\rho}$ and the hoop stress $\sigma_{\theta}$ can be expressed in Eq. (36):
$\sigma_{\rho}=-\frac{\frac{R_{o}^{2}}{\rho^{2}}-1}{\frac{R_{o}^{2}}{R_{i}^{2}}-1} q, \quad \sigma_{\varphi}=\frac{\frac{R_{o}^{2}}{\rho^{2}}+1}{\frac{R_{o}^{2}}{R_{i}^{2}}-1} q$.


Figure 11: Axisymmetric annular plate with uniformly distributed internal pressure
The stress solutions of $\sigma_{\rho}$ and $\sigma_{\theta}$ are functions of the variable $\rho$, independent of the angle $\theta$. Fig. 12 shows the effects of the polar radius $\rho$ and the number of elements on the radial stress $\sigma_{\rho}$ and the hoop stress $\sigma_{\theta}$, and the numerical results obtained by the PH-Q8-15 $\beta$ element are compared with the analytical solutions. With increasing $\rho$, the absolute values of $\sigma_{\rho}$ and $\sigma_{\theta}$ gradually decrease, and the numerical results gradually converge to the analytical solutions with the increase in the number of elements. Therefore, the PH-Q8-15 $\beta$ element can be successfully used for this problem.


Figure 12: The variation in the radial stress $\sigma_{\rho}$ and the hoop stress $\sigma_{\theta}$ relative to the polar radius $\rho$ and number of elements for the axisymmetric annular plate

### 3.7 Straight/Curved Beams with Varying Cross Sections

A symmetric tapered beam is subjected to a concentrated load $F$ in Fig. 13. The geometry and material properties are as follows: length $L=10$, height of clamped end $h=1$, height of cantilever end $h=0.5$, width $b=1$, Young's modulus $E=10^{5}$, Poisson's ratio $\mu=0.25$, and concentrated
force $F=1$. Table 11 reports the numerical results of the vertical deflection $v_{A}$ obtained by the PH-Q8-15 $\beta$ element and the NPB element. The "Axis Meshes" in Table 11 represent the number of evenly divided elements in the horizontal direction of the symmetric tapered beam. The table shows that the PH-Q8-15 $\beta$ element has better accuracy than the NPB element.


Figure 13: A symmetric tapered beam

Table 11: Results at selected location $A$ that were obtained considering different axis meshes for the symmetric tapered beam subjected to a concentrated load $F$

| Axis meshes | NPB [52] | PH-Q8-15 $\beta$ |
| :--- | :--- | :--- |
| 1 | $-64.19 \mathrm{e}-3$ | $-64.32 \mathrm{e}-3$ |
| 4 | $-65.66 \mathrm{e}-3$ | $-65.42 \mathrm{e}-3$ |
| 20 | $-65.73 \mathrm{e}-3$ | $-65.72 \mathrm{e}-3$ |
| Reference solution [52] | $\mathbf{- 6 5 . 7 1 e - 3}$ |  |

A cantilever curving beam with a varying cross section is subjected to a concentrated load $F$ in Fig. 14. The geometry and material properties are as follows: the middle radius $R_{m}=5$, the thickness of the clamped end $t_{1}=0.6(1+a)$, the thickness of the cantilever end $t_{2}=0.6(1-a)$, where $a$ is the taper ratio, the width $b=0.4$, the Young's modulus $E=3 \times 10^{10}$, the Poisson's ratio $\mu=0.3$, and the concentrated force $F=1$.


Figure 14: A curved beam with varying cross section

The single-layer mesh is adopted, as shown in Fig. 7. The results obtained by the 80 TNCB elements in [53] are taken as reference solutions and listed in Table 12. Fig. 15 shows the effects of the number of elements on the relative error between the numerical results obtained by the PH-Q8$15 \beta$ element and the reference solution under different taper ratios $a$. The horizontal coordinate in figures represents the number of elements. We find that the PH-Q8-15 $\beta$ element can approximate the radial displacement $u_{A}$ and the tangential displacement $v_{A}$ with reasonable accuracy. Moreover, with the increase of the number of elements, the solution converges to the reference solution, which reflects the superior performance of the $\mathrm{PH}-\mathrm{Q} 8-15 \beta$ element.

Table 12: Results of $u_{A}$ and $v_{A}$ for the curved beam with varying cross section

| $a$ | $u_{A} \times 10^{-5}$ | $v_{A} \times 10^{-5}$ |
| :--- | :--- | :--- |
| 0.1 | 5.2168 | 3.1716 |
| 0.2 | 4.7893 | 2.7801 |
| 0.4 | 4.3172 | 2.2567 |



Figure 15: The variation in the relative error relative to the number of elements $N$ for the curved beam with varying cross section

## 4 Conclusion

Because of the shortcomings of the Q8 element, a new PH-Q8-15 $\beta$ element is proposed for structural mechanics problems in this paper. We obtain the formulation of this element based on the Hellinger-Reissner variational principle. Fifteen unknown parameters are adopted in the selection of stress modes according to the design principle of Pian. Several numerical benchmark problems are presented to verify the performance of the PH-Q8-15 $\beta$ element. Numerical examples demonstrate that the PH-Q8-15 $\beta$ element has good accuracy and is not limited by various common locking behaviors of plane elements. Furthermore, the PH-Q8-15 $\beta$ element has better performance than the other elements in thin/thick curved beams with uniform cross sections. When the inner radius $R_{i}$ of a curved beam is constant and $t / R_{i} \leq 0.2$, the curved beam should be modelled by a single-layer mesh. Finally,
the PH-Q8-15 $\beta$ element can be successfully applied to the problems of straight/curved beams with varying cross sections, and numerical results obtained with only a few elements are able to accurately approximate the reference solution.

In the future, we will extend the new $\mathrm{PH}-\mathrm{Q} 8-15 \beta$ element to intelligent structures considering the flexoelectric effect and micromachinery and nanomachinery involving nonlocal strain gradient theory.

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